

February 2024

Lutheran Manor of the Lehigh Valley

2085 Westgate Drive, Bethlehem, PA 18017

Office Hours

Monday - Thursday 8:30am - 4:30pm

Friday 8:30am - 1:00pm

Fitness Center

Every Day 6:00am - 9:00pm

Staff Birthdays

Joe Russo - Feb. 5th

WELCOME New Residents

Renee B. - Floor 3

General Meeting

Tuesday, February 13th at 2:00pm

LOUNGE / CHANNEL 98

Office Notes

SNOW PARKING

Snow parking spots MUST remain EMPTY during the months of October - April. We apologize for the inconvenience this may cause. Please refer any and all questions or concerns to the Main Office.



WORSHIP SERVICES:

Believers' Worship with Paul Belfort Sundays at 1:00pm Community Room A huge thank you to Ken Clifford for 12
years of Presidency in the Resident's
Association. We are very grateful for
everything you have done and do.
Be sure to thank him when you see him in
the hallways.

We appreciate your continuing dedication to being our security guard!



LM MOVIE

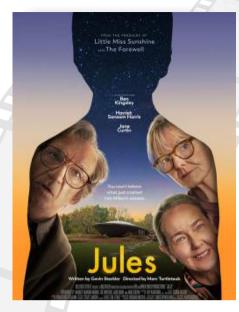
IN PERSON

Join us on Monday, February
12th for a showing of the
lovely romance movie, One
True Loves!
Please Sign up on the Events
Form



Movie Days

Jules



A man's quiet life gets upended when a UFO crashes in his backyard in rural Pennsylvania. As he befriends the extraterrestrial being, things get complicated when two neighbors discover it and the government closes in.

FEBRUARY 5TH

One True Loves



Emma and Jesse are living the perfect life together, until he disappears in a tragic helicopter crash on their anniversary. Four years later, Emma finds new love and is about to marry her best friend. However, Jesse miraculously appears alive and now Emma is torn between two loves.

FEBRUARY 12TH - COMMUNITY ROOM

NO MOVIE (Office Closed in observance to Presidents' Day)

The Family Plan



When enemies from his past track him down, former elite government assassin, Dan, packs his wife and kids into their minivan and takes off on an impromptu road trip to Las Vegas.

FEBRUARY 26TH

Jacinda's Jumpstart to Wellness



SPEAKER:

Join us for a presentation on Heart Healthy Foods with Lyndi from Weis and enjoy a sampling example!



Presentation: SCAMS

Join us for a lesson on scams from international journalist Mariana Van Zeller, as she shows you the behind the scenes world of international scammers.

Learn how to protect your personal belongings and prevent scammer interactions.



Thursday, February 15th at 12:30pm Community Room / Ch 98 Sign up on Events form!

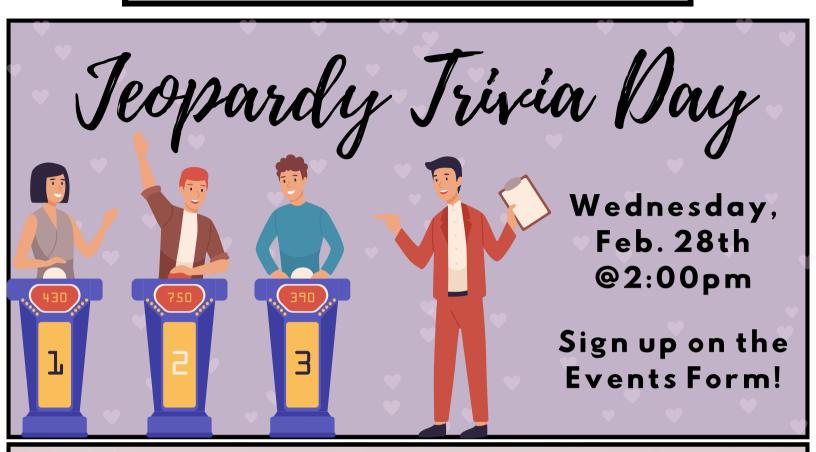


REMINDER:

Sign up for FREE Personal Training Sessions with Jacinda. All it takes is one consultation and then you can start exercising with her!!

Call her at 610-866-6010 Ext. 8 or jacinda@lutheranmanor.com

Jacinda's Jumpstart to Wellness





Now beginning on every <u>Friday</u>! Join Jacinda in playing some awesome Wii console games with your fellow residents!

1:15pm - Community Rm

SCHEDULE:

FEB 2: Family Feud

FEB 9: Price is Right

FEB 16: Wheel of Fortune

FEB 23: Press Your Luck







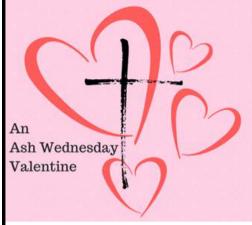






Sign up on the events form!!

From the Chaplain



IT'S ALL ABOUT LOVE!!

The Christian tradition has LOVE as its central message. Ironically, this year, Valentine's Day, a day of expressing our love for one another with flowers, candy and cards, occurs the same day as Ash Wednesday.

That is the beginning of Lent and a reminder of our hopelessness and mortality without God. The symbolic thumbprint of ashes on our forehead recalls the Greatest Love Story of all . . . God's assurance that evil, meaninglessness and most importantly death will not have the final word. This year Ash Wednesday is our Valentine's Day greeting. The very best from our most wonderful God.

Count Your Blessings, Pastor Clark

Worship in the Community Room

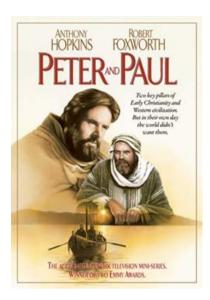
	WORSHIP IS LIVE AT 2 PM (EXCEPT ASH WEDNESDAY) ~LIVE-STREAMED ON CH 98~
Thurs, 2/1	Brother Sam Claudio - Christ Fellowship Church, Allentown: SPANISH/ENGLISH
Thurs, 2/8	Pastor Larry Humberd - Lehigh Valley Grace Church
WED, 2/14	ASH WEDNESDAY - * 9:00AM Chaplain Clark "Imposition of Ashes"
Thurs, 2/15	Ms. Sarah Kranick - A prayer from a warrior from the House on the Rock Family Church: "Come hear the word of God and the works of the Holy Spirit"
Thurs, 2/22	Pastor Brandon Heavner - Weissenberg Lutheran, New Tripoli (HOLY COMMUNION)
Tues, 2/27	Father Venantius Karobo - Notre Dame RC Church, Bethlehem
Thurs, 2/29	Pastor George Eckstein - St. Mark's UCC, Allentown

**Note: Holy Communion Worship

If you are unable to attend worship in person and wish to receive a sealed communion cup, please contact Pastor Clark.

Pastor's Movies

Peter and Paul



This epic network television mini-series brings to life the precarious existence of early Christianity. Two key leaders emerge with struggles to keep the faith alive. This dramatic presentation follows the pair together and separately through 3 epocal decades.

WED, FEBRUARY 7TH

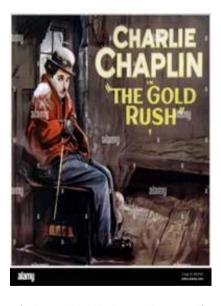
SonShine Ministry



WORSHIP DVD - SONSHINE MINISTRY CALVARY BAPTIST CHURCH, EASTON

WED, FEBRUARY 14TH

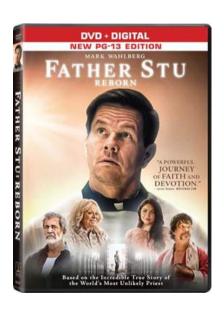
The Gold Rush



The Gold Rush is a 1925 American silent comedy film, written, produced, and directed by Charlie Chaplin. It is a delightful blend of slapstick humor, poignant emotion, and social commentary.

WED, FEBRUARY 21ST

Father Stu: Reborn



Based on a true story, newly edited with milder language. "Father Stu: Reborn" is an unflinchingly honest, funny and uplifting story about finding purpose in a most unexpected place.

WED, FEBRUARY 28TH

Lutheran Manor Bingo



Bellezza Salon and Spa

BELLEZZA SALON & SPA

Happy Valentine's Day!

Be Sweet To Your Feet And Keep Them Healthy

TRY A PEDICURE

- Every 2 ½ to 3 months we would soak your feet in an antibacterial water bath which will sooth and sanitize your feet and nails.
- Your nails will be clipped & filed to a safe and comfortable length to prevent ingrown nails. If nails are kept too long, they can push against your shoes and cause damage to your toenails.
- Your cuticle will be gently pushed back for healthy growth of your nails.
- Foot and leg massage will then be added, which helps to keep the blood flow with proper circulation.
- Women are then able to get a base coat, 2 applications of color, and a top coat to finish the service.
- Men will receive their nails buffed to give a healthy glow.

FREE EYEBROW WAX

· With any perm during the month of February.

WIG SERVICES

· During the month of February \$4.00 OFF

ALL RETAIL:

- Buy 1 get 1 item 50% OFF
- Buy 3 items get the 4th FREE
- Stock up on shampoo, conditioner, hair spray, and more. Place an order this month with your stylist and we will honor the same deal!

WE LOVE REFERRALS:

· If you like you hair please tell friends and family to visit us as well. Thank you for your patronage!!

BASKET DRAWING:

• Remember to enter the drawing, you might be a lucky winner!

PUNCH CARDS:

 Receive a punch on your card each time you get a service. You will receive \$30 credit each time you fill up your card. This is an added gift to you from Lutheran Manor!



With over 35 years of study, skills, and experience, Karen rewrites the rules of wellness and medicine with innovative options to keep mind, body, and soul in balance!

Contact Karen directly to book appointments @ 610-360-2427



LUTHERAN MANOR of the lehigh valley -BRUARY 2024*

SAT 3 RA Coffee & Donuts- 8:30a RA Pinochle - 12:30p	10 Chinese New Year	17 RA Breakfast - 8:30a RA Soup & Hot Dogs - 5:00p
FRI Coundhog Day Walker's Club - 9:30a Energetic Exercise - 11:00a Wii Game Day (Family Feud) - 1:15p Stitching with Nena - 2:00p	9 Walker's Club - 9:30a Energetic Exercise - 11:00a CLINIC: OAA Podiatry - 12:30p Wii Game Day (Price is Right) - 1:15p Stitching with Nena - 2:00p	16 Walker's Club - 9:30a Energetic Exercise - 11:00a Wii Game Day (Wheel of Fortune) - 1:15p Stitching with Nena - 2:00p
THURS Chat Room - 10:00a Yoga with Dana - 11:00a Second Harvest - 12:30p Church (SPANISH) - 2:00p	8 Chat Room - 10:00a Yoga with Dana - 11:00a Church - 2:00p	LINIC: Health Drive Eye - 9:00a Chat Room - 10:00a Yoga with Dana - 11:00a SCAMS Presentation - 12:30p Church - 2:00p
WED	7 Walker's Club - 9:30a Zumba with Anna - 11:30a Bible Study - 12:30p Pastor Movie - 2:00p RA Shredding - 2:00p Snacks/Ice Cream - 2:00p	14 Valentine's Day Walker's Club - 9:30a LM BINGO - 11:00a Zumba with Anna - 11:30a Bible Study - 12:30p Pastor Movie - 2:00p RA Shredding - 2:00p Snacks/Ice Cream - 2:00p
TUES	6 Drum Fitness - 11:00a CLINIC: BP Checks - 1:15p ENTERTAINMENT: One Man Band - 2:00p	13 Drum Fitness - 11:00a GENERAL MEETING - 2:00p
Z O X	Swalker's Club - 9:30a Walker's Club - 9:30a SPEAKER: Oak St. Health BINGO - 10:00a Zumba with Anna - 11:00a MOVIE - 1:00p RA BINGO - 6:00p	Valker's Club - 9:30a SPEAKER: Heart Healthy Foods with Lyndi - 10:00a Zumba with Anna - 11:00a MOVIE: In Person - 1:00p RA BINGO - 6:00p
N O S	4 Sunday Believers' w/ Paul Belfort - 1:00p	11 Sunday Believers' w/ Paul Belfort - 1:00p RA SOCIAL - 4:00p

May your month be filled with love.

EEBRUARY 2024 To LUTHERAN MANOR of the 1ehigh valley



Joe Russo - Feb. 5th						
		29 Chat Room - 10:00a Yoga with Dana - 11:00a Church - 2:00p	Walker's Club - 9:30a Zumba with Anna - 11:30p Bible Study - 12:30p Jeopardy Trivia Day! - 2:00p Pastor Movie - 2:00p RA Shredding - 2:00p Snacks/lce Cream - 2:00p	27 Drum Fitness - 11:00a Church - 2:00p	26 Walker's Club - 9:30a Zumba with Anna - 11:00a MOVIE - 1:00p RA BINGO - 6:00p	25 Sunday Believers' w/ Paul Belfort - 1:00p
24 24	Valke's Club - 9:30a Energetic Exercise - 11:00a Wii Game Day (Press Your Luck) - 1:15p Stitching with Nena - 2:00p	THURS 22 Chat Room - 10:00a Yoga with Dana - 11:00a Church - 2:00p	WED 21 Walker's Club - 9:30a Zumba with Anna - 11:30a Bible Study - 12:30p Exercise BINGO - 1:30p Pastor Movie - 2:00p RA Shredding - 2:00p Snacks/lce Cream - 2:00p	TUES 20 Drum Fitness - 11:00a	MON 19 President's Day OFFICE CLOSED - President's Day Walker's Club - 9:30a Zumba with Anna - CANCELED MOVIE - CANCELED RA BINGO - 6:00p	SUN Sunday Believers' w/ Paul Belfort - 1:00p

May your month be filled with love,

Religious Activities

ACTIVITY	DAY(s)	TIME	PLACE
Bible Study	Every Wednesday	12:30pm	Community Room
Chat Room	Every Thursday	10:00am	Community Room
Church			Community Room Channel 98
Sunday Believers' with Paul Belfort	Every Sunday	1:00pm	Community Room Channel 98

Exercise Activities

ACTIVITY	DAY(s)	TIME	PLACE
Drum Fitness with Jacinda	Tuesdays	11:00am	Community Room
Energetic Exercise with Jacinda			Exercise Room
Everybody's Yoga with Dana	Thursdays	11:00am	Exercise Room
Walker's Club Monday, Wednesday, with Jacinda Friday 9:30am Lutheran Manor			
ZUMBA with Anna	Mondays Wednesdays	11:00am 11:30am	Exercise Room

February Activities

RA SOCIAL Sunday, February 11th 4:00pm Lounge Monday, February 12th 10:00am Community Room General Meeting Tuesday, February 13th 2:00pm Lounge Lutheran Manor BINGO Wednesday, February 14th 11:00a Lounge				
RA BINGO Every Monday Every Monday Every Monday Every Monday Every 3rd Saturday B:30am Every Monday Every 3rd Saturday B:30am Every 3rd Saturday Every 1st Saturday Every Monday Every 1st Saturday Every Monday Every 1st Saturday Every 1st Saturday Every Fiday Every Fiday Every Fiday Every Friday Every	Lutheran Manor MOVIES	Every Monday	1:00pm	Community Rm/Ch 98
RA BINGO Every Monday 6:00pm Community Room RA Breakfast Every 3rd Saturday 8:30am Lounge RA Coffee & Donuts Every 1st Saturday 12:30pm Lounge RA Pinochle Every 1st Saturday 12:30pm Lounge RA Shredding Every Wednesday 2:00pm Lounge RA Soup & Hot Dogs Saturday, February 17th 5:00pm Lounge Wii Game Days! Every Friday 1:15pm Community Room Stitching with Nena Every Friday 2:00pm Lounge Van Trip Drop Off Thursday, February 1st 9:00am Brenda's Office Second Harvest Food Bank Thursday, February 1st 12:30pm Lounge Oak St. Health BINGO Monday, February 5th 10:00am Community Room NTERTAINMENT: One Man Band Tuesday, February 1th 4:00pm Lounge RA SOCIAL Sunday, February 11th 4:00pm Lounge SPEAKER: Heart Healthy Foods Monday, February 12th 10:00am Community Room General Meeting Tuesday, February 13th 2:00pm Lounge Lutheran Manor BINGO Wednesday, February 14th 11:00a Lounge	Pastor Clark MOVIES	Every Wednesday	2:00pm	Community Rm/Ch 98
RA Breakfast Every 3rd Saturday 8:30am Lounge RA Coffee & Donuts Every 1st Saturday 8:30am Lounge RA Pinochle Every 1st Saturday 12:30pm Lounge RA Shredding Every Wednesday 2:00pm Lounge RA Soup & Hot Dogs Saturday, February 17th 5:00pm Lounge Wii Game Days! Every Friday 1:15pm Community Room Stitching with Nena Every Friday 2:00pm Lounge Van Trip Drop Off Thursday, February 1st 9:00am Brenda's Office Second Harvest Food Bank Thursday, February 1st 12:30pm Lounge Oak St. Health BINGO Monday, February 5th 10:00am Community Room NTERTAINMENT: One Man Band Tuesday, February 6th 2:00pm Lounge RA SOCIAL Sunday, February 11th 4:00pm Lounge SPEAKER: Heart Healthy Foods Monday, February 12th 10:00am Community Room General Meeting Tuesday, February 13th 10:00am Community Room Lutheran Manor BINGO Wednesday, February 14th 11:00a Lounge	Snacks/Ice Cream Sale	Every Wednesday	2:00pm	Lounge
RA Coffee & Donuts Every 1st Saturday Every 1st Saturday 12:30pm Lounge RA Shredding Every Wednesday 2:00pm Lounge RA Soup & Hot Dogs Saturday, February 17th 5:00pm Lounge Wii Game Days! Every Friday 1:15pm Community Room Stitching with Nena Every Friday Van Trip Drop Off Thursday, February 1st Second Harvest Food Bank Thursday, February 1st Oak St. Health BINGO Monday, February 5th NTERTAINMENT: One Man Band RA SOCIAL Sunday, February 12th SPEAKER: Heart Healthy Foods General Meeting Tuesday, February 13th Lounge	RA BINGO	Every Monday	6:00pm	Community Room
RA Pinochle Every 1st Saturday 12:30pm Lounge RA Shredding Every Wednesday 2:00pm Lounge RA Soup & Hot Dogs Saturday, February 17th 5:00pm Lounge Wii Game Days! Every Friday 1:15pm Community Room Stitching with Nena Every Friday 2:00pm Lounge Van Trip Drop Off Thursday, February 1st 9:00am Brenda's Office Second Harvest Food Bank Thursday, February 1st 12:30pm Lounge Oak St. Health BINGO Monday, February 5th 10:00am Community Room NTERTAINMENT: One Man Band Tuesday, February 6th 2:00pm Lounge RA SOCIAL Sunday, February 11th 4:00pm Lounge SPEAKER: Heart Healthy Foods Monday, February 12th 10:00am Community Room General Meeting Tuesday, February 12th 10:00am Community Room Lounge Lutheran Manor BINGO Wednesday, February 14th 11:00a Lounge	RA Breakfast	Every 3rd Saturday	8:30am	Lounge
RA Shredding Every Wednesday 2:00pm Lounge RA Soup & Hot Dogs Saturday, February 17th 5:00pm Lounge Wii Game Days! Every Friday 1:15pm Community Room Stitching with Nena Every Friday 2:00pm Lounge Van Trip Drop Off Thursday, February 1st 9:00am Brenda's Office Second Harvest Food Bank Thursday, February 1st 12:30pm Lounge Oak St. Health BINGO Monday, February 5th 10:00am Community Room NTERTAINMENT: One Man Band Tuesday, February 6th 2:00pm Lounge RA SOCIAL Sunday, February 11th 4:00pm Lounge SPEAKER: Heart Healthy Foods Monday, February 12th 10:00am Community Room General Meeting Tuesday, February 13th 2:00pm Lounge Lutheran Manor BINGO Wednesday, February 14th 11:00a Lounge	RA Coffee & Donuts	Every 1st Saturday	8:30am	Lounge
RA Soup & Hot Dogs Saturday, February 17th S:00pm Lounge Wii Game Days! Every Friday Stitching with Nena Every Friday Second Harvest Food Bank Thursday, February 1st Oak St. Health BINGO Monday, February 5th NTERTAINMENT: One Man Band RA SOCIAL Sunday, February 12th SPEAKER: Heart Healthy Foods General Meeting Lounge Wednesday, February 13th Lounge	RA Pinochle	Every 1st Saturday	12:30pm	Lounge
Wii Game Days! Every Friday 1:15pm Community Room Stitching with Nena Every Friday 2:00pm Lounge Van Trip Drop Off Thursday, February 1st 9:00am Brenda's Office Second Harvest Food Bank Thursday, February 1st 12:30pm Lounge Oak St. Health BINGO Monday, February 5th 10:00am Community Room NTERTAINMENT: One Man Band Tuesday, February 6th 2:00pm Lounge RA SOCIAL Sunday, February 11th 4:00pm Lounge SPEAKER: Heart Healthy Foods Monday, February 12th 10:00am Community Room General Meeting Tuesday, February 13th 2:00pm Lounge Lutheran Manor BINGO Wednesday, February 14th 11:00a Lounge	RA Shredding	Every Wednesday	2:00pm	Lounge
Stitching with Nena Every Friday 2:00pm Lounge Van Trip Drop Off Thursday, February 1st 9:00am Brenda's Office Second Harvest Food Bank Thursday, February 1st 12:30pm Lounge Oak St. Health BINGO Monday, February 5th 10:00am Community Room NTERTAINMENT: One Man Band Tuesday, February 6th 2:00pm Lounge RA SOCIAL Sunday, February 11th 4:00pm Lounge SPEAKER: Heart Healthy Foods Monday, February 12th 10:00am Community Room Monday, February 12th 10:00am Community Room Tuesday, February 13th 2:00pm Lounge Lutheran Manor BINGO Wednesday, February 14th 11:00a Lounge	RA Soup & Hot Dogs	Saturday, February 17th	5:00pm	Lounge
Van Trip Drop Off Second Harvest Food Bank Thursday, February 1st 12:30pm Lounge Oak St. Health BINGO Monday, February 5th 10:00am Community Room NTERTAINMENT: One Man Band Tuesday, February 6th 2:00pm Lounge RA SOCIAL Sunday, February 11th 4:00pm Lounge SPEAKER: Heart Healthy Foods Monday, February 12th 10:00am Community Room Tuesday, February 12th 10:00am Community Room Tuesday, February 13th 2:00pm Lounge Lutheran Manor BINGO Wednesday, February 14th 11:00a Lounge	Wii Game Days!	Every Friday	1:15pm	Community Room
Second Harvest Food Bank Thursday, February 1st 12:30pm Lounge Oak St. Health BINGO Monday, February 5th 10:00am Community Room NTERTAINMENT: One Man Band Tuesday, February 6th 2:00pm Lounge RA SOCIAL Sunday, February 11th 4:00pm Lounge SPEAKER: Heart Healthy Foods Monday, February 12th 10:00am Community Room General Meeting Tuesday, February 13th 2:00pm Lounge Lutheran Manor BINGO Wednesday, February 14th 11:00a Lounge	Stitching with Nena	Every Friday	2:00pm	Lounge
Oak St. Health BINGO Monday, February 5th 10:00am Community Room NTERTAINMENT: One Man Band Tuesday, February 6th 2:00pm Lounge RA SOCIAL Sunday, February 11th 4:00pm Lounge SPEAKER: Heart Healthy Foods Monday, February 12th General Meeting Tuesday, February 13th 2:00pm Lounge Lounge Lounge Lounge Lounge Lounge Lounge	Van Trip Drop Off	Thursday, February 1st	9:00am	Brenda's Office
NTERTAINMENT: One Man Band Tuesday, February 6th 2:00pm Lounge RA SOCIAL Sunday, February 11th 4:00pm Lounge SPEAKER: Heart Healthy Foods Monday, February 12th 10:00am Community Room General Meeting Tuesday, February 13th 2:00pm Lounge Lutheran Manor BINGO Wednesday, February 14th 11:00a Lounge	Second Harvest Food Bank	Thursday, February 1st	12:30pm	Lounge
RA SOCIAL Sunday, February 11th 4:00pm Lounge Monday, February 12th 10:00am Community Room General Meeting Tuesday, February 13th 2:00pm Lounge Lutheran Manor BINGO Wednesday, February 14th 11:00a Lounge	Oak St. Health BINGO	Monday, February 5th	10:00am	Community Room
Monday, February 12th 10:00am Community Room General Meeting Tuesday, February 13th 2:00pm Lounge Lutheran Manor BINGO Wednesday, February 14th 11:00a Lounge	ENTERTAINMENT: One Man Band	Tuesday, February 6th	2:00pm	Lounge
General Meeting Tuesday, February 13th 2:00pm Lounge Lutheran Manor BINGO Wednesday, February 14th 11:00a Lounge	RA SOCIAL	Sunday, February 11th	4:00pm	Lounge
Lutheran Manor BINGO Wednesday, February 14th 11:00a Lounge	SPEAKER: Heart Healthy Foods	Monday, February 12th	10:00am	Community Room
	General Meeting	Tuesday, February 13th	2:00pm	Lounge
Presentation: SCAMS Thursday, February 15th 12:30pm Community Rm/Ch 98	Lutheran Manor BINGO	Wednesday, February 14th	11:00a	Lounge
, i a a a a a a a a a a a a a a a a a a	Presentation: SCAMS	Thursday, February 15th	12:30pm	Community Rm/Ch 98
OFFICE CLOSED Monday, February 19th ALL DAY Lutheran Manor	OFFICE CLOSED	Monday, February 19th	ALL DAY	Lutheran Manor
Exercise BINGO Wednesday, February 21st 1:30pm Community Room	Exercise BINGO	Wednesday, February 21st	1:30pm	Community Room
Jeopardy Trivia Day! Wednesday, February 28th 2:00pm Community Room	Jeopardy Trivia Day!	Wednesday, February 28th	2:00pm	Community Room

Brenda's Bulletin

SECOND HARVEST FOOD BANK

Thur, 2/1@12:30PM

~MUST come to Lounge to collect your box



Blood Pressure

Tuesday, 2/6 @ 1:15p ~Lounge

OAA Podiatry

Friday, 2/9 @ 12:30p ~Resident Apartment

HealthDrive EYE

Thursday, 2/15 @ 9a ~Game Room

*Sign up with Brenda



RENT REBATES

Booklets are arriving!

We are still coordinating with the State Rep's office to get the calendars ready. We will make an announcement when appointments become available.

~PLEASE BE PATIENT~



TAXES

FREE Tax Preparation

FREEDOM FINANCIAL will be completing Taxes. Lutheran Manor will be covering costs.

*BY APPOINTMENT ONLY



Clinics-sign up directly with Brenda Entertainment & Speakers-sign up on 'Events Sign-Up Form'

Brenda's Bulletin

ENTERTAINMENT:

OAK ST. HEALTH - BINGO

Enjoy a few rounds, prizes, & refreshments

MONDAY, 2/5 @ 10:00A

~Community Room

*SIGN UP ON EVENTS FORM

ENTERTAINMENT

GLENN MILLER 'ONE MAN BAND'

The sound is equivalent to a 14-piece band (custom accordions, trumpets, harmonicas, trombone, flugelhorn, baritone, ukulele, button accordion, keyboard). All styles featured are from Big Bands, Jazz, Rock, Country, Hawaiian, Italian, German, Polka as well as custom composed music for special themes. The show features clean humor, which is original and many times unrehearsed and spontaneous!

Come one. Come all to enjoy a Spectacular Show!!

Tuesday, 2/6 @ 2:00pm

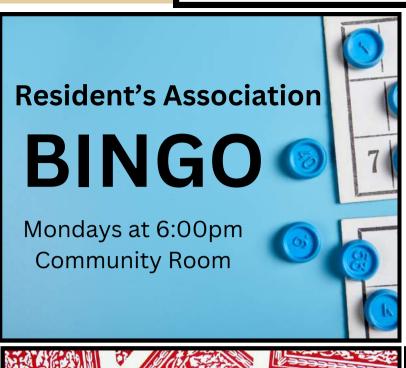
~Lounge

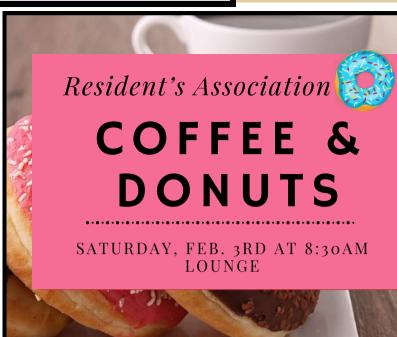
*SIGN UP ON EVENTS FORM

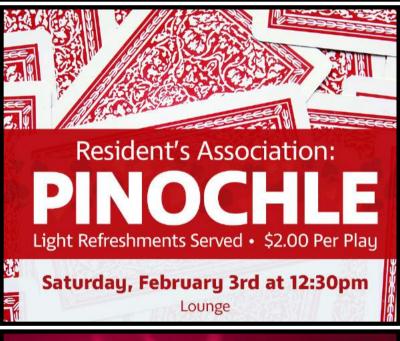


Office Hours: Monday-Friday 9am-3pm Brenda Pagan-Fontanez, Service Coordinator 610-866 -6010 x4

Resident's Association













Event Sign-Up Sheet

Please CHECK OFF or CIRCLE which event you would like to attend below:

	Lu	theran Manor Even	ts	CHECK HERE
2/5	Monday	Oak St. Health BINGO	10:00a	
2/6	Tuesday	ENTERTAINMENT: One Man Band	2:00p	
2/12	Monday	SPEAKER: Heart Healthy Habits w/ Lyndi	10:00am	
2/12	Monday	Lutheran Manor IN PERSON MOVIE: "One True Loves"	1:00pm	
2/14	Wednesday	Lutheran Manor BINGO	11:00a	
2/15	Thursday	Presentation: SCAMS	12:30p	
2/21	Wednesday	Exercise BINGO	1:45p	

	Resid	lent's Association E	ven	ts
2/11	Sunday	Resident's Association SOCIAL	4:00p	
2/17	Saturday	Resident's Association BREAKFAST	8:30a	

Name(s):	Apt.#:
· / —	• •

Phone Number:_____

Event Sign-Up Sheet

Please CHECK OFF or CIRCLE which event you would like to attend below:

	Lu	itheran Manor Even	ts	CHECK HERE
2/28	Wednesday	Jeopardy Trivia Day!	2:00p	
2/6	Tuesday	Drum Fitness with Jacinda	11:00a	
2/13	Tuesday	Drum Fitness with Jacinda	11:00a	
2/20	Tuesday	Drum Fitness with Jacinda	11:00a	
2/27	Tuesday	Drum Fitness with Jacinda	11:00a	
2/2	Friday	Wii Game Days: Family Feud	1:15p	
2/9	Friday	Wii Game Days: The Price is Right	1:15p	
2/16	Friday	Wii Game Days: Wheel of Fortune	1:15p	
2/23	Friday	Wii Game Days: Press Your Luck	1:15p	

	Resid	dent's Association Ev	ent	S
2/11	Sunday	Resident's Association SOCIAL	4:00p	
2/17	Saturday	Resident's Association BREAKFAST	8:30a	

Name(s):	Apt.#:
· / —	• •

Phone Number:____

		March Van Trips	CHECK HERE
3/4	Monday	BANKS & Shopping at CVS/WALGREENS	10:00a
3/5	Tuesday	BOARD & BRUSH Workshop (\$25 due 3/1)	10:00a
3/6	Wednesday	Shopping at WALMART 248	12:00p
3/7	Thursday	Lunch at AROMI @ Woodside Country Club	11:00a
3/11	Monday	Shopping at WEIS	12:00p
3/12	Tuesday	BACH AT NOON at Central Moravian Church	11:15a
3/14	Thursday	The Waterfront at Silver Birches: 'ST. PATTY'S DAY FESTIVAL' (\$45 due by 3/1)	9:00a
3/15	Friday	BANKS & Shopping at TARGET	10:00a
3/18	Monday	Dinner at BRAVEHEART HIGHLAND PUB	4:00p
3/19	Tuesday	Shopping at REDNERS	10:00a
3/20	Wednesday	Breakfast at CRACKER BARREL	9:30a
3/21	Thursday	Liberty HS: 'THE MUSIC MAN' (\$12 due 3/8)	6:00p
3/22	Friday	Shopping at DOLLAR TREE 378	11:00a
3/25	Monday	Dinner at THE CHEESECAKE FACTORY	3:00p
3/26	Tuesday	DeSales: 'PINOCCHIO' (\$12 due 3/15)	11:30a
3/28	Thursday	Shopping at WEGMANS	12:00p
Full Name: Phone#: *This form to be collected starting at 9:00 am on <u>Thursday, February 1st</u>			

March Van Trips...

Below are descriptions of the unique trips scheduled & what you should expect if you attend...

BOARD & BRUSH:

Hone in on your passion for decor and DIY projects; They hand you the tools and direction, you create the masterpiece.

Enjoy a creative experience you won't forget!!

AROMI AT WOODSTONE:

Enjoy a fabulous dining experience with meals created by a true Italian chef. Indulge in meals with fresh ingredients-Chicken Francese, Tortellini Cremonesi, Shrimp Scampi, & Lobster Ravioli while inhaling the refined aromas of Italy.

Come hungry, Leave happy!!

THE WATERFRONT AT SILVER BIRCHES: 'St. Patty's Day Festival'

11:00a-Arrive to coffee & apple streusel cake; shop Artisan jewelry, gifts, specialty foods 11:30a-Enjoy some music and dancing

12:00p-Open Bar with draft beer, wine, and soda

12:30p-Buffet Service offering soda bread, Irish pub salad, turkey reuben soup, shepherd's pie, champ mashed potatoes, corned beef with braised cabbage and carrots, and whiskey cake

2:00p-Enjoy more music and dancing

2:30p-Main Event featuring Big Joe Brannigan & The Blarney Boys with The Kenny Cavanagh Irish Step Dancers. Be apart of the Strong Arm Beer Mug Contest, or sign up for the Irish Jig Competition. There's music, laughs, prizes, and a pot-o-fun at the end of the rainbow at our Irish Festival.

3:30p-Snack before departure

BRAVEHEART HIGHLAND PUB:

Indulge in the finest Scottish fare from corned beef & cabbage, haggis hushpuppies, boxty, Guinness beefstew, Scottish meat pies, mince/tatties, bangers/mashed & more.

A hungersome wame haes nae lugs (A hungry belly has no ears)!!

Liberty High School presents: 'THE MUSIC MAN'

When Harold Hill, a traveling con man, arrives in River City, he convinces the locals to start a band by purchasing the uniforms and instruments from him. His intention is to flee as soon as he receives the money. Librarian Marian Paroo suspects Harold is a fraud but holds her tongue since her moody brother, Winthrop, is excited about the band. As Harold begins to develop feelings for Marian, he faces a difficult decision about skipping town.

Love Wins...or does it?!

Desales University presents 'PINOCCHIO':

A lonely toymaker carves a wooden puppet and makes a wish that one day he may have a real family. That night, the Blue Fairy grants his wish, and brings the puppet, Pinocchio, to life. She provides Pinocchio with a Cricket for guidance and reminds him that he must prove himself worthy so that he can one day become a real son to Geppetto. Pinocchio is sent off to school, and despite his desire to please his newly found father, gets distracted and swindled along the way. A sly fox, a cunning conman, and many other acquaintances present challenges as he tries to remain kind and true in his pursuits. Come and see how Pinocchio navigates these adventures.

Discover the power of honesty and the deep love of family!!